



MARCH 2011 MENU

Easter Holiday Boxes (S-5) now available for preorder. Order now thru April's deadline and receive during normal April distribution. Please see our website for limited online-only specials.

B2 - Bit O' Blessing Box

Quantities are Limited. Orders filled on a first come, first serve basis.

- 2 lb. Chicken Stir Fry
- 2 lb. Chicken Fettuccini Alfredo
- 2 lb. Lasagna
- 1.5 lb. Meatballs
- 1 lb. Ground Beef
- 24 oz. French Fries
- 1 lb. Veggie Blend
- 1 lb. Green Beans
- 1 lb. Frozen Mango

\$21.00*

B4 - Fast & Flavorful Cuisine

Convenience meals great for seniors and people on the go!

- White Chicken Fettuccini Alfredo
- Spaghetti and Meatballs in Marinara Sauce
- Fish Sticks
- Salisbury Steaks
- Chicken Chow Mein
- Turkey and Gravy over Bread Dressing
- Boneless Pork Patty with Barbecue Sauce
- Beef Stew
- Meatball Stroganoff
- White Chicken and Penne

\$28.00*

specific meal details can be found at www.angelfoodministries.com

B6 - Just 4 Me After School Box

An assortment of child-friendly snacks. Great for after school or any time.

- 2 lb. Fully Cooked Breaded Chicken Pieces
- 1.5 lb. Corn Dogs
- 10 oz. Mac & Cheese
- 16 oz. String Cheese
- 8 oz. Pocket Sandwich (2 x 4 oz.)
- 4 ea. (2.8 oz.) Peanut Butter and Jelly Jamwich
- 4 ea. (4 oz.) Mini Stuffed Sandwiches
- 6.5 oz. Cheese or Pepperoni Pizza
- 3 oz. Grilled Cheese Sandwich
- 1 ea. (3.4 oz.) Watermelon Italian Ice
- 1 ea. (3.2 oz.) Raspberry Fruit Juice Sherbet

\$24.00*

B8 - Just 4 Me After School Fruit and Veggie Box

- 3 ea. Red Apples
- 3 ea. Green Apples
- 3 ea. Pears
- 3 ea. Navel Oranges
- 1 ea. Stalk, Sleeved Celery
- 1 lb. Mini Peeled Carrots
- 3 ct. Fruit Juice (Mixed Flavors)
- 8 oz. Trail Mix
- 3 oz. Dried Cranberries with Honey Roasted Almonds

\$16.00*

Angel Food Ministries Reserves the Right to Substitute Any Items Due to Availability, Cost and Quality. We Accept Food Stamps (EBT).

B1 - Bread of Life Signature Box

Balanced nutrition and variety with enough food to help feed a family of four for about a week.

- 3 lb. (avg.) Split Chicken Breast
- 2 lb. IQF Flounder Fillets
- 2 lb. Ham Chowder
- 3 lb. IQF Chicken Drumsticks
- 1.5 lb. Boneless Pork Chops
- 1 lb. 80/20 Lean Ground Beef
- 1 lb. Deli-style Turkey Loaf
- 1 lb. Peas
- 1 lb. Green Beans
- 1 lb. Carrots
- 1 lb. Pasta
- 25 oz. Pasta Sauce
- 8 ct. Flour Tortillas
- 1 pk. Taco Seasoning
- 7 oz. Corn Muffin Mix
- 10 ct. Instant Oatmeal (2 x 5 ct. boxes)
- 32 oz. 2% Shelf-stable Milk
- 1 dz. Eggs
- Dessert

\$31.00*

GLUTEN FREE!†

B5 - Allergen Free Food Box

- 1 lb. Breaded Chicken Breast Nuggets
- 1 lb. Breaded Chicken Tenderloins
- 1 lb. Breaded Breast Fillet Patties
- 1 lb. Breaded Boneless Chicken Wings
- 1 lb. Breaded Cubed Steak

\$25.00*

†Please see our website for other allergen facts.

B7 - Just 4 Me No Child Goes Without

"Blessing America's Children, one Box at a Time"

- 10 ct. Instant Oatmeal (2 x 5 ct. Boxes)
- 7.5 oz. Beans & Wieners
- 7.5 oz. Cheezy Mac 'n Cheese
- 7.5 oz. Mini Beef Ravioli
- 7.5 oz. Spaghetti and Mini Meatballs
- 7.5 oz. Noodle Rings & Chicken
- 7.5 oz. Cheezy Mac 'n Franks
- 7 ea. Cereal Bowls (.75 oz. ea.)
- 1 ea. Peanut Butter (12 oz.)
- 1 ea. Pure Honey (12 oz.)
- 1 ea. Chunk Lite Tuna in Water (.5 oz.)
- 1 ea. All White Chicken (.5 oz.)
- 6 pk. Apple Sauce
- 5 ea. Granola Bars (.25 oz. ea.)
- 32 oz. Shelf-Stable 2% Milk

\$24.00*

NEW! B9 - Pastor Joe's Premium Box

- 40 oz. Angus Sirloin Steaks (4 x 10 oz.)
- 1.5 lb. Large Breaded Oven Ready Butterfly Shrimp
- 2 lb. Angus Steak Burgers (4 x 8 oz.)
- 24 oz. Frozen Steak Fries
- 1 lb. Frozen Green Beans
- 1 (8 ct. pk.) Frozen Corn on the Cobb
- 1 lb. Frozen Broccoli Florets
- 1 lb. Frozen Cauliflower Florets
- 1 lb. Frozen Green Peas

\$51.00*

B3 - Bountiful Blessing Box

- 3 lb. (avg.) Split Chicken Breast
- 2 lb. IQF Flounder Fillets
- 2 lb. Ham Chowder
- 2 lb. Beef Stir Fry Meal
- 3 lb. IQF Chicken Drumsticks
- 2 lb. Lasagna
- 1.5 lb. Hamburger Patties (4 x 6 oz.)
- 1.5 lb. Boneless Pork Chops
- 1 lb. 80/20 Lean Ground Beef
- 1 lb. Deli-style Turkey Loaf
- 2 lb. Tomato Basil Soup
- 1 lb. Peas
- 1 lb. Green Beans
- 1 lb. Carrots
- 1 lb. Pasta
- 25 oz. Pasta Sauce
- 8 ct. Flour Tortillas
- 1 pk. Taco Seasoning
- 7 oz. Corn Muffin Mix
- 6.9 oz. Beef Flavored Rice & Vermicelli
- 7 oz. Raspberry Muffin Mix
- 10 ct. Instant Oatmeal (2 x 5 ct. boxes)
- 32 oz. 2% Shelf-stable Milk
- 1 dz. Eggs
- Dessert

\$41.00*

S1 - MARCH SPECIAL #1

\$25.00*

4 lb. Steak Special

- 2 lb. New York Strip Steaks (4 x 8 oz.)
- 2 lb. Ribeye Steaks (4 x 8 oz.)

S2 - MARCH SPECIAL #2

\$17.00*

10 lb. Popcorn Chicken Special

- 10 lbs. Breaded Popcorn Chicken

S3 - MARCH SPECIAL #3

\$23.00*

Premium Fresh Fruit and Veggie Box

- 1 head Iceberg Cello Lettuce
- 1 head Green Cabbage
- 1 lb. Cello Carrots
- 4 Large Baking Potatoes
- 3 lb. bag Sweet Potatoes
- 2 lb. bag Yellow Onions
- 1 Golden Ripe Pineapple
- 1 Cantaloupe
- 1 lb. Red Seedless Grapes
- 4 California Lemons
- 16 oz. Salad Dressing
- 1 bag Salad Croutons
- AFM Fruit and Veggie Recipe Sheet

S5 - MARCH SPECIAL #5

\$36.00*

Easter Holiday Box

- 7.5 lb. (avg.) All Natural Perdue Roasting Hen
- 3 lb. Boneless Netted Pork Roast
- 72 oz. (8 ct.) Premium Twice Baked Potatoes (Idaho Russet Potatoes with Applewood Smoked Bacon, Cheddar Cheese, Sour Cream, Butter & Chives)
- 2 lb. Green Beans
- 12 ct. Mini Corn Cobettes
- 12 oz. Cornbread Stuffing Mix (2 x 6 oz. pkg.)
- 1.7 oz. Brown Gravy Mix (2 x .87 oz. = 2 c. gravy)
- 12 ct. Whole Wheat Dinner Rolls
- 2 lb. 5 oz. Mrs. Smith's Apple Raisin Spice Pie Recipe and Cooking Instructions

Order dates:

Wednesday, March 9th from 4:00 to 6:00pm at the Welcome Center in the IBC
Main Entrance.

Saturday, March 12th from 10:00am to Noon at the Welcome Center in the IBC
Main Entrance.

March 1st – March 14th, Monday - Friday from 8:30 am to 5:30 pm at Astro
Systems located at 219 East Main in Shawnee.

Payment in full is required at time of order. (cash, money order and food stamps only when
ordering in person! No personal checks.....**no exceptions!**)

If you require special assistance in ordering, please contact the church office.
For more information call IBC at 273.2105 or visit www.immanuelshawnee.org.

You can order online at
www.ImmanuelShawnee.org

Distribution Day:

Saturday, March 19th, 2011!

This is the **one** and **only** time you can pick up your order. If you
are not here, **at 8:31, your order will be donated to others in**
need.